

Tides of Grief

By
G. A. Blackburn
For
Katherine

The tides of grief have washed into my heart.
I feel your love everywhere now that we are apart.
This grief is all my love for you and the pressure and
pain has nowhere to go.
I crawl into my memories of what we have had
and then the tears of my love begin to flow.
They take away the sadness as they fall to the floor.
Slowly as I remember and cry
the pain stops for awhile and I can dry my eyes
and get along with my life.

Then as the storm of grief subsides it leaves me a
rainbow of new promises to see.
Our life is eternal we have always been here and will
always be together, you and me, in a Universe and
sea of love.
We can be anywhere and still be connected souls
tethered with that love.
These tides of grief will last for a while then recede
until the next one we love has to move on.

I miss you my love every day, but it is within my
memories and dreams
I survive until we meet again and that I will make do
and keep you here in my heart.
As my tribute to you and a promise for us too.

This journey we are on will continue to our destiny,
Hand in hand we will forever be together, you and
me.

The Tide of Grief will continue to flow in and out of
our hearts
Because it too is eternal Just as our love.

March 1963

